

Toenail cutting service

Pramacare's toenail cutting service* is extremely popular and used by people in Poole, Bournemouth and East Dorset. The service is provided to those who:

- have poor sight
- have poor mobility
- are housebound
- are referred by their GP
- prefer the convenience of care at home

A fully qualified Care Attendant who has been trained by the Podiatry Service from Bournemouth and Poole Teaching PCT will visit and provide the toenail cutting service. If there is more than one person resident at the same address we can provide the same service for a reduced fee.

To arrange an appointment call the Pramacare office on 01202 207301.

A separate sheet lists our care fees.

* Please note that Pramacare currently does not provide other chiropody treatments; these would need to be booked through a GP. When other foot problems are identified Clients are referred back to their GP for specialist care.

OUR ADDRESS:

**Pramacare, Moran House, 1 Holes Bay Park,
Sterte Avenue West, Poole, Dorset. BH15 2AA.**

As a non-denominational Christian charity Pramacare is committed to helping people regardless of creed, culture, or age. We understand that each person is an individual and we seek to provide compassionate support, giving dignity and respect.

What people say about Pramacare...

“As a daughter it's so reassuring to know that Mum is being looked after. When I see her with her care attendant I'm so aware of the compassion and professionalism.”

“I couldn't cope without Pramacare. They are lovely people. They looked after my husband until he passed away and now they are here for me.”

“Thank you for looking after my husband whilst I was away on holiday. The break has done me a lot of good and wouldn't have been possible without you.”

“Thank you all for your friendly help during my recovery from surgery. Carers who came to help were always cheerful and friendly and encouraging during what has become a long slow and difficult period of time.”

“Pramacare truly is Christianity with its sleeves rolled up.”
Author and speaker Joni Ereckson Tada



PRAMACARE SERVICES

How we can help you



**Compassionate, professional
care & support
in your own home**

*“With Pramacare I'm met as a
person. I'm an individual
and not a service user.”*

Pramacare Client

Pramacare
Helping people at home 

www.pramacare.co.uk

Registered charity number: 801967



PRAMACARE

Telephone: 01202 207321

Telephone: 01202 207321

www.pramacare.co.uk



The Pramacare story

Pramacare is a Dorset-based domiciliary care charity. In the 1980s Dr. Chris Moran, a consultant at Christchurch Hospital, saw patients being discharged from hospital care, even though there was no support for them at home. His vision was to provide Pain Relief and Management, from where the name PRAMA (the Pain Relief and Management Association) originated.

Pramacare today

Since Pramacare's foundation in 1982 the vision has broadened to include personal care. Today the charity has grown from a handful of dedicated volunteers to a team of professionally trained Care Attendants.

Pramacare is a registered provider with the Care Quality Commission (formally CSCI). See our report at www.cqc.org.uk

Helping people at home every day of the year

Our Care Attendants

All Pramacare Care Attendants are trained to National Care Legislation Standards. They are supported through ongoing training and development programmes by Pramacare's in-house trainers and NVQ assessors, giving them the knowledge and skills to practice at the highest standard.

Ask to see Pramacare's 7-minute DVD, the Pramacare Vision, or view online at www.pramacare.co.uk



Fair care fees

Through our charity shops, ongoing fundraising, sponsorship and donations Pramacare is able to subsidise the cost of care for those on a reduced income.

Ask us if we can help you.

How Pramacare can help you

Each day Pramacare's dedicated team of Care Managers and Care Attendants provide help directly to people in Bournemouth, Poole and East Dorset.

By simply calling the Pramacare Care Centre, on **01202 207321**, a request for help can be made by an individual or, with their consent, by a concerned relative, friend, or family doctor.

Once the request has been made Pramacare will arrange for a qualified Care Assessor to visit and discuss the specific needs of the person, before a Care Attendant is assigned. A refundable charge is made for this assessment service.

We offer a range of care services:

- Getting in/out of bed
- Washing
- Bathing
- Dressing
- Toileting
- Shopping
- Food preparation
- Household jobs
- Night-sitting (occasional)
- Respite sits
- Toenail cutting (see over)



**ASK ABOUT
OUR DAY
CENTRE
FACILITY**

A separate sheet lists our care fees.



PRAMACARE

Telephone: 01202 207321



PRAMACARE

www.pramacare.co.uk