

care news

ISSUE: 106

'YOUR PRAMACARE NEWSLETTER'



IN THIS ISSUE:

- Meet our new CEO
- Care news round-up
- Pull-out **2011 calendar**
- Your Fundraising
- Annual accounts
- Hellos and goodbyes

Ambassadors of Care

Pramacare is proud to be part of Care Ambassadors, a group focusing on workforce development within social care.

Our Care Ambassadors recently met a record breaking Disability Ambassador. Pictured from left to right: Christine Moyes, Care Team Leader, Geoff Holt, Atlantic Challenge & Disability Sports Ambassador, Jane Taylor, Human Resources Manager and Claire Dominey, Training Manager.

Claire says; "In our role as Care Ambassadors we give talks to students and groups. We had the opportunity to attend a presentation with other care professionals. It was inspiring as we met Geoff and learned about his sailing adventure. We heard all about the amazing role of his carer, who supported him so that he could make his Atlantic crossing."

YOU ARE INVITED:

Carol Service 2010

Friday 10th Dec, 2pm
Twynham Chapel,
99 Barrack Road,
Christchurch BH23 2AL

NEW FOR 2011

Bereavement
Counselling for Clients
and Pramacare Carers.
For details call Tracy
on 01202 207317



PRAMACARE

Visit us at: www.pramacare.co.uk

Meet Jeff Russell, Pramacare's new CEO



Jeff joins Pramacare with over 30 years experience in managing home care, day care and residential services within local government. He has been involved in setting up several Christian charities working with rough sleepers, carers and other vulnerable groups.

He explains; "I trained as a social worker and have always had a very practical approach to helping people. I have a passion for seeing the Christian message proclaimed in practical ways with vulnerable adults. I'm delighted to be taking on this new role with Pramacare. My vision for the charity is to build on its existing

strengths and services by growing and developing our links with like-minded groups and churches."

Among the innovations that Jeff is launching is a Client Forum, where people that Pramacare supports are able to input their views and ideas about the services being provided. He is also developing an Intern Programme for students, who may want to gain experience in social care or business disciplines such as fundraising or marketing.

Do you share the Pramacare vision?

Does your church want to start a lunch club or a day centre to support people in your community? We could help you! Pramacare has a wealth of professional skill and expertise, so if you would to discuss any ideas that we could develop in partnership, please contact jeff.russell@pramacare.co.uk



PRAMACARE

Visit us at: www.pramacare.co.uk

CARE NEWS ROUND-UP

Pramaclub Time for you



Each Saturday The Hanham Centre, Wimborne is home to the Pramaclub, where our qualified care team supports people with memory loss and physical conditions.

Club members meet new friends, play games and enjoy a freshly prepared meal in a home-from-home atmosphere, while their friends and family are able to enjoy some free-time.

For more information about the Pramaclub call: 01202 207322



Farewell to patron Dr. John Farthing

After many years service to Pramacare Dr. John Farthing is stepping down from his role as patron. He explains; "The late Dr Chris Moran 'persuaded' me to become a Pramacare Trustee some years ago. Later I succeeded him as Chairman and then became a patron. I really enjoyed running numerous staff management training courses which enabled me to appreciate their role. May Pramacare continue to be committed to its Christian roots."

Goodbye to Stan Goose

Stan retired in October having joined Pramacare in 1997, initially on a two year secondment fully paid by Barclays. He has worked hard behind the scenes with finance and brought his musical talents to the charity, playing the organ at church services and Christmas parties.

Service of Thanksgiving 2010

The Bishop of Sherborne, Dr Graham Kings, gave an encouraging address at St. Mark's Church in Wallisdown in May. He spoke of how Pramacare is the 'arms and legs of Jesus' and how 'living Christianity is fulfilled within community'. We are now pleased to announce that Dr. Kings will become a patron for Pramacare in 2011 as former patron, The Bishop of Salisbury, Dr. David Stancliffe has recently retired.

SLOGAN WINNER

Congratulations to Alys Slater who won our spring newsletter slogan competition, with the words ***"A Pramacare Care Attendant is someone who allows you to keep your dignity while supporting completely."***



PRAMACARE

Telephone: 01202 207300

ISAIAH 42 V 9
 Behold, the former things have
 come to pass. Now I declare new
 things; Before they spring forth
 I proclaim them to you.

2011

PRAMACARE – helping people every day of the year

JANUARY

Su	Mo	Tu	We	Th	Fr	Sa
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

FEBRUARY

Su	Mo	Tu	We	Th	Fr	Sa
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28					

MARCH

Su	Mo	Tu	We	Th	Fr	Sa
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

'Sunset over Poole Bay' – taken by Fiona Julian of Pramacare

21 28 29 30 31

JUNE

Su	Mo	Tu	We	Th	Fr	Sa
		1	2	3	4	
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

21 28

MAY

Su	Mo	Tu	We	Th	Fr	Sa
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

23 24 25 26 27 28 29 30 31

APRIL

Su	Mo	Tu	We	Th	Fr	Sa
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

SEPTEMBER

Su	Mo	Tu	We	Th	Fr	Sa
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

AUGUST

Su	Mo	Tu	We	Th	Fr	Sa
1	2	3	4	5	6	
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

JULY

Su	Mo	Tu	We	Th	Fr	Sa
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

DECEMBER

Su	Mo	Tu	We	Th	Fr	Sa
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

NOVEMBER

Su	Mo	Tu	We	Th	Fr	Sa
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

OCTOBER

Su	Mo	Tu	We	Th	Fr	Sa
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

Use this calendar to remember Pramacare and the people it supports throughout 2011

1.5 million people in England have care and support needs that the state does not meet.

Statistics from Care Quality Commission

FUNDRAISING FOCUS

Notes for notes

Former Pramacare trustee Kaye Endicott and her friends (pictured) were among those picnicking at Sandroyd School before being entertained by the Garden Opera Company's performance of the Barber of Seville. The event, hosted by Richard and Jackie Carlyle-Clarke, was a resounding success and raised almost £8,000 for Pramacare care fee subsidies



The
Garden
Opera
Company
www.gardenopera.co.uk



Our Generation

John Langridge worked as a physiotherapist with Pramacare's founder Dr. Moran. Now retired John has become lead singer with the Zimmers, a band of fellow retirees, who had an international hit with their version of Our Generation. Inspired to put his tenor talents to good use he has recorded 'Care' an album of easy listening songs, which he is selling for £5 on behalf of Pramacare.

To buy a copy, contact john.langridge@sky.com. You can also purchase songs via itunes.

Rotary swimathon donation

200 swimmers took part in the Wimborne Rotary Swimathon, including a Pramacare team; Dan Sharp, Martha and Sam Percival. A grand total of £3665 was presented to Pramacare.

Recycling



We are grateful for all donations of mobile phones and ink cartridges; as the saying goes **'look after the pennies and the pounds will look after themselves.'**

How about organising a fundraising event for Pramacare?
To get involved call the Fundraising Team on

01202 207300



PRAMACARE

Visit us at: www.pramacare.co.uk

ANNUAL ACCOUNTS 09-10

Full information on Pramacare's annual accounts is available via the website at www.pramacare.co.uk/fact_figures

FACTS AND FIGURES AT A GLANCE 09-10

- 2560 hours of care provided each week
- £2417 was raised thanks to Gift Aid on donations
- 617 people are supported by Pramacare each week
- 59 new care attendants have been trained this year

giftaid it



NEW TRUSTS FUNDRAISER joins Pramacare

David Sinclair explains; "Dorset has the highest proportion of people over retirement age in the country, this means that we have an increased need for care provision and the finances to support it. As Pramacare's trusts fundraiser I am applying to grant making trusts seeking funding to help subsidise the cost of care for individuals who are on reduced incomes and receiving our care services."

Supporting churches

In the past year several churches have welcomed Pramacare as guest speakers to church clubs and services.

To book a talk by Pramacare call 01202 207310.



If you sell on e-bay then you can choose to nominate a percentage of your sale to Pramacare. Just select Pramacare under the nominated charity section. Your listing will also show the Pramacare logo, so buyers know that you are supporting charity.



Shops update

Pramacare has a charity shop in Tuckton. If you have quality unwanted goods that could be sold to raise funds, please take them to Christine at 173 Tuckton Road, Bournemouth, Dorset BH6 3LA or call 01202 433491.



PRAMACARE

Telephone: 01202 207300

Pramacare Prayer Requests

- For Pramacare's clients;** their everyday needs and well being
- For the care attendants;** for their safety, health and strength
- For the personnel team;** who recruit new care attendants to join our work
- For the training team;** who nurture new carers and support all staff
- For the care centre staff;** who co-ordinate all the care day in day out
- For the office staff;** who manage all the administration tasks
- For the trustees;** who are faced with making wise and informed decisions
- For the fundraising team;** raising finances to subsidise the cost of care

Poem by a Pramacare Client

*The Pramacarers always come
In sunshine, rain or snow
Even if the temperature
Has dropped to five below!
They never let their clients down
Whatever may befall
Arriving cheerful, smiling
In answer to a call
They make our beds, prepare our meals
And help us dress and bath*

*But best of all they cheer us up
And share a joke, a laugh!
They lend a sympathetic ear
To problems, not their own
Which helps to lift our spirits up
When we are feeling down...
So thank you carers, one and all
For everything you do
In helping to improve our lives
Each day the whole year through!!!*

Whilst every effort is made to ensure the accuracy of the content within this newsletter, Pramacare cannot accept responsibility for errors or omissions. Designed and printed by Blackmore.

Pramacare

Moran House, 1 Holes Bay Park,
Sterte Avenue West, Poole.
Dorset. BH15 2AA
T: 01202 207300 F: 01202 684255

Reg. Charity Number: 801967

Company name: Pramacare,
a company limited by guarantee
Company number: 2359751

TRUSTEES:

Chairman: Rev. Dr Anne Gee
Ann Corke, John Hensby, Martin Howlett,
David Wood, Debbie Tudor-Thomas and
Graham Tucker.

PATRONS:

Richard Carlyle-Clarke
The Bishop of Sherborne

Company Secretary: Peter Malpas
Pramacare Chaplain: Rev. Tim Sterry



PRAMACARE

