

Enquiry form

Please fill in your details and send to:

**Pramacare, Moran House, 1 Holes Bay Park,
Sterte Avenue West, Poole, Dorset. BH15 2AA.**

Name:

Address:

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Town:

Postcode:

Telephone number:

Mobile number:

Email address:

- I have my own car
- I can work ____ hours per week
- I can work during school holidays
- I am available to work evenings
- I am available to work weekends

I am interested in working in the following area:

- Bournemouth Christchurch
- Ferndown Poole Verwood
- Wareham West Moors Wimborne
- Please list existing care work experience if any:

- I do/do not wish to be included in any Pramacare mailings

The Pramacare story

Pramacare is a Dorset-based domiciliary care charity. In the 1980s Dr. Chris Moran, a consultant at Christchurch Hospital, saw patients being discharged from hospital care, even though there was no support for them at home. His vision was to provide Pain Relief and Management, from where the name PRAMA (the Pain Relief and Management Association) originated.

Pramacare today

Since Pramacare's foundation in 1982 the vision has broadened to include personal care. Today the charity has grown from a handful of dedicated volunteers to trained Care Attendants, many of whom work towards professional NVQ certification.

What people say about Pramacare...

“As a daughter it's so reassuring to know that Mum is being looked after. When I see her with her Care Attendant I am so aware of the compassion and professionalism.”

“I couldn't cope without Pramacare. They are lovely people. They looked after my husband until he passed away and now they are here for me.”

“Thank you all for your friendly help during my recovery from surgery. Carers who came to help always were cheerful and friendly and encouraging during what has become a long slow and difficult period of time.”



www.pramacare.co.uk/recruitment



PRAMACARE

Telephone: 01202 207302

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CARE FOR A JOB? Employment opportunities



Are you a caring, discreet individual with bundles of common sense?

Find out how you could help people in your community with personal care, shopping, preparing meals or light housework

GOOD RATES OF PAY, WHICH INCREASE IN LINE WITH QUALIFICATIONS, EVENING AND WEEKEND WORK.

Pramacare
Helping people at home



www.pramacare.co.uk

Registered charity number: 801967

We'll train you

Equipped to care

As a Pramacare Care Attendant you will be trained to National Care Legislation Standards and supported through ongoing training and development programmes by Pramacare's in-house trainers and NVQ assessors, giving you the knowledge and skills to practice at the highest standard.

You will complete work-shadowing, a satisfactory Criminal Records Bureau (CRB) disclosure and an induction training course before starting your Pramacare work. We also provide monthly Care Attendants' meetings with ongoing professional training and support. Under the guidance of our qualified trainers and NVQ assessors you can also study for NVQ certification and with the NVQ2 qualification your rate of pay will increase.



Care Attendants experiencing the hoist and learning how to use it as part of Pramacare's induction training.

Pramacare is a registered provider with the Care Quality Commission (formally CSCI). See our report at www.cqc.org.uk

Join the Pramacare Team

You will need your own reliable transport, a mileage allowance is given as well as all vocational training. We will provide you with work in the area that you live: Bournemouth, Christchurch, Ferndown, Poole, Verwood, Wareham, West Moors or Wimborne.



Ask to see Pramacare's 7-minute DVD, the Pramacare Vision, or view online at www.pramacare.co.uk

An extract from an interview with a Care Attendant
More interviews at www.pramacare.co.uk/day

How did you become a Pramacare Care Attendant?

"I'd been looking after two elderly neighbours as a friend for some time. Then I saw an advertisement in the local paper that Pramacare was looking for more Care Attendants. I called the Pramacare office to find out more and they asked me to do some work shadowing to see what was involved. When I was asked, "Do you think you can do this?" The answer was "Yes".

What is the best thing about care work?

"Caring becomes part of your life. I can honestly say that I love the work. It's such a great privilege to help people. To know that you've helped make a situation as good as you can. To make sure that someone is warm, fed and safe and you've made such a difference."

Help bring compassionate care and support to people who need help at home, enabling them to live independently



"Pramacare is all about team work. Our Care Attendants come from a variety of backgrounds; Mums with a few hours to spare, full-time carers or semi-retired people!"

Jane Taylor,
Pramacare's Human Resources Manager

As a non-denominational Christian charity Pramacare is committed to helping people regardless of creed, culture, or age. We understand that each person is an individual and we seek to provide compassionate support, giving dignity and respect.

To find out about our latest employment opportunities fill in the enquiry form on this leaflet or email: personnel@pramacare.co.uk



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